



10<sup>th</sup> Annual

# CHICAGO SPRING

HALF MARATHON/10K



## ATHLETE GUIDE



# CHICAGOSPRINGHALF.COM



## TABLE OF CONTENTS

WELCOME	3
SCHEDULE OF EVENTS	5
PACKET PICK UP INFORMATION	7
RACE DAY LOGISTICS	8
GENERAL RACE INFORMATION	10
COURSE DETAILS	12
COURSE MAP	13
JUNIOR DASH	17
TIMING/AWARDS	18
ATHLETE TRACKING	18
SPRING MARKET FINISH FESTIVAL	20
FAQS	21
CHICAGOLAND HALF MARATHON SERIES	22

### MEDIA CONTACT

Those requesting official statements, media-related access to the venues or have general event related questions, please contact Cindy Hamilton, PR Liaison, at [cindy@kickstandcomms.com](mailto:cindy@kickstandcomms.com)

## THANK YOU TO OUR SPONSORS!



### LOCAL PARTNERS



### NATIONAL PARTNERS







## SPRING IS HERE!

Welcome to the 2018 Byline Bank Chicago Spring Half Marathon & 10K. We are thrilled that you will be joining us for the 10th annual running of this magnificent event! Most of you will be kicking off the start of your race season with this scenic course along Chicago's lakefront with a seasonal celebration at the Spring Market Finish Festival out of Maggie Daley Park.

We know you've trained hard for this event and are rightfully very eager to hit the trail and give it your all. We have prepared some details regarding the event weekend to help make your experience enjoyable. Please take a few minutes to read through the information within this Athlete Guide.

We would like to share a special thank you to our host City of Chicago, Alderman Reilly of the 42nd Ward, the Chicago Park District, the Chicago Department of Cultural Affairs & Special Events, Chicago Department of Transportation, Commander Pigott of the 1st District, Millennium Garages, MDA Team Momentum our Official Charity Partner, all our valued sponsors and most importantly, the hundreds of dedicated volunteers and staff joining us this weekend. This race would not be possible without the support of all these individuals, especially our new title sponsor, Byline Bank.

You deserve tremendous credit for your training and dedication to your goals. Remember to enjoy the moment and take it all in.

It is an honor and a privilege to have each and every one of you at our race. We wish you a successful and safe weekend.

Sincerely,

Your Chicago based race crew:

### Event Operations:

Julie Coleman, Race Director  
Yasamin Sabeti, Volunteer Coordinator  
Trish Varner, Event Production Manager  
Jose Rangel, Event Production Manager  
Trent Snyder, Athlete Services  
Gloria Aguilera, Race Day Operations Asst  
Mike Melley, VP Operations

### Event & Partnership Marketing:

Dan Lakin, Sr. Run Brand Marketing Manager  
David Rosenbrock, Group & Charity Coordinator  
Justin Dela Cruz, Team Coordinator, Social Media  
Maxwell Kuzara, Elite Coordinator & Athlete Svcs  
Scott Hutmacher, Sr. Tri Brand Marketing Manager  
Sara Mahan, Partnership Activation Manager  
Matt Rapaport, Partnership Sales  
Tim Brazel, Partnership Sales





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You shop local.

**Now, it pays  
to bank local.**

Get **\$200** when you open a qualified personal checking account with Byline Bank<sup>†</sup>.

**Learn more at  
[BylineBank.com/RunLocal](https://BylineBank.com/RunLocal)**

<sup>†</sup> Offer valid until December 31, 2018. Byline Bank reserves the right to change or terminate this offer at any time. Limit one per customer, cannot be combined with other offers. Social Security Number or ITIN required. Bonus will be deposited into your new open account within 30 days of account qualification. Customers who have or had a personal checking account with Byline in the past 12 months, Byline employees, and accounts set up with Fiduciary relationships are ineligible. Bonus may be 1099 tax reportable. Requirements to receive the \$200 Bonus: 1. Open a new eligible Byline Bank personal checking account\* with \$2500, and 2. maintain an average monthly balance of \$2500 for three consecutive statement cycles beginning at account opening, and 3. Receive equal to or greater than \$500 in qualifying direct deposits\*\* for three consecutive statement cycles within 180 days from account opening, and 4. Make 24 debit card transactions per statement cycle,\*\*\* and 5. Enroll to receive e-statements within the first three statement cycles. \* Freedom Personal Checking, High Interest Checking, or Prime Life Checking accounts, only. You must maintain a balance of \$2500 in your High Interest Checking to earn the stated APY (Annual Percentage Yield) and to avoid the \$15 monthly service fee. High Interest and Prime Life Checking are tiered products that may pay interest according to the following balance tiers: \$2,500; \$10,000; \$50,000 and \$100,000. Effective April 16, 2018 High Interest Checking has an APY of .05% and Prime Life Checking has an APY of .10%. Rates are subject to change at any time. Fees may reduce earnings on the account. \*\* A qualifying direct deposit is a recurring direct deposit of items like a paycheck, pension, Social Security or other eligible regular monthly income, electronically deposited by an employer or outside agency in your new checking account. A transfer done via ATM, mobile, person to person, or teller is not a qualifying direct deposit for this offer. \*\*\* 24 debit card transactions must be posted to the account for each of the first three full statement cycles. ©2018 Byline Bank. Member FDIC.



## OFFICIAL SCHEDULE OF EVENTS



### ATHLETE TRACKING

Make race day better with the free Athlinks App

- Keep up to date with all the latest info on the official event feed.
- Track athletes on course with animated maps
- Follow your favorite athletes to easily track them on race day.
- Share your personalized finisher certificate from the App to your social media!

Download the Athlinks app:  
Available in the App Store and Google Play.

\*For instruction and to download click [HERE!](#)

### SATURDAY, MAY 12

11:00 a.m. – 5:00 p.m.

Packet Pick Up  
Fleet Feet Sports - Oak Park  
102 N Marion St, Oak Park, IL

### FRIDAY, MAY 18

11:00 a.m. – 7:00 p.m.

Packet Pick Up  
Fleet Feet Sports- South Loop  
150 Roosevelt Rd., Chicago, IL

### SATURDAY, MAY 19

10:00 a.m. – 6:00 p.m.

Packet Pick Up  
Fleet Feet Sports - South Loop  
150 Roosevelt Rd., Chicago, IL

- AND -

Fleet Feet Sports - Lincoln Square, 4762 N  
Lincoln Ave, Chicago, IL

### SUNDAY, MAY 20

5:30 a.m.

Junior Dash Registration & Will Call Opens  
Maggie Daley Park

5:30 a.m.

Gear check opens  
Maggie Daley Park

6:00 a.m.

Start Corrals for Half Marathon opens  
Columbus Drive

6:45 a.m.

Junior Dash registration closes  
Maggie Daley Park

6:45 a.m.

Half Marathon Start corrals close  
**Wave 1 (Corrals A - F)**  
Columbus/Monroe

7:00 a.m.

Half Marathon Starts  
**Wave 1 (Corrals A - F)**  
Columbus Drive

## OFFICIAL SCHEDULE OF EVENTS (Continued)

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7:05 a.m.	Half Marathon Start corrals close <b>Wave 2 (Corrals G - I)</b> Columbus/Monroe
7:25 a.m.	10K Start Corrals opens Columbus Drive
7:40 a.m.	10K Start Corrals close <b>10K (Corrals J - L)</b> Columbus Drive
7:45 a.m.	10K race starts Columbus Drive
8:00 a.m.	Spring Market Finish Festival Opens Maggie Daley Park
8:30 a.m.	10K Awards Ceremony Maggie Daley Park
9:30 a.m.	Half Marathon Awards Ceremony Maggie Daley Park
10:00 a.m.	Junior Dash Starts Skating Ribbon at Maggie Daley Park
11:30 a.m.	Course Closes Maggie Daley Park
12:00 p.m.	Gear Check Closes Maggie Daley Park

## PACKET PICK UP

### Locations

Saturday, May 12 11:00 a.m. – 5:00 p.m.

Fleet Feet Sports - Oak Park,  
102 N Marion St, Oak Park, IL 60301

Friday, May 18 11:00 a.m. - 7:00 p.m.

Fleet Feet Sports- South Loop  
150 Roosevelt Rd, Chicago, IL 60605

Saturday, May 19 10:00 a.m. - 6:00 p.m.

Fleet Feet Sports- South Loop  
150 Roosevelt Rd, Chicago, IL 60605

- AND -

Fleet Feet Sports - Lincoln Square,  
4762 N Lincoln Ave, Chicago, IL 60625

### IMPORTANT

Participants must complete the Medical Information on the back of the bib - which must be worn at all times during the event on front of the torso.



**MEDICAL INFORMATION**  
FOR YOUR OWN SAFETY, PLEASE COMPLETE PRIOR TO THE RACE

**IN CASE OF MEDICAL EMERGENCIES,  
PLEASE CALL 888-543-3133**

NAME, FIRST: \_\_\_\_\_ LAST: \_\_\_\_\_ AGE: \_\_\_\_\_

EMERGENCY CONTACT ON RACE DAY

NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

DOCTOR: \_\_\_\_\_ PHONE: \_\_\_\_\_

ALLERGIES/PREVIOUS MEDICAL CONDITIONS

CURRENT DISABILITIES

**LIFETIME**  
HEALTHY WAY OF LIFE

**LAGUNITAS**

By wearing this race number, I expressly assume all future and potential risks associated with the event, including but not limited to loss of or damage to my property. We are not responsible for lost or stolen items. Please keep all your valuables with you. All items left behind

### Packet Pick Up

All participants must pick up their race bibs at the above Fleet Feet stores prior to race day. There is NO RACE DAY PACKET PICK UP\*.

- You may pick up on behalf of other participants with a copy (hard or electronic version copy) of that participant's photo ID and confirmation email.
- Participants will each receive a race bib (with timing tag attached), race shirt, safety pins and a clear plastic bag.
- The plastic bag is to be used for Gear Check on race day. Attach the Gear Check tab from your bib to the bag before dropping it off at the Gear Check tent located in the southeast end of Maggie Daley Park.
- IMPORTANT:** Race bibs MUST be worn by all participants and must be visible to race staff at all times. Failure to wear your assigned race bib will result in disqualification and removal from the race course.
- Those who plan to utilize the complimentary beer ticket at the post race party must first present a photo ID at Packet Pick Up or at the Finish Festival ID Check table. In exchange, a mandatory beer wristband will be issued and must be worn on race day.
- Participants who pre-purchased the Will Call option during online





registration may pick up their race packet starting at 5:30 a.m. race morning. The Will Call tent will be located in the southwest corner of Maggie Daley Park; across from the Volunteer tent.

Please note: You will not be refunded the Will Call fee if you pick up your packet at Fleet Feet Sports.

## **RACE DAY LOGISTICS**

### **RACE LOCATION**

Maggie Daley Park  
337 E Randolph Street  
Chicago, IL 60601

Participants and spectators should enter Maggie Daley Park via upper Randolph Street.

### **PARKING & TRANSPORTATION**

The race venue is hosted in the heart of downtown Chicago. Due to existing traffic congestion, as well as road closures throughout the venue, participants are discouraged from driving to the event. Instead, consider ride share, biking or using mass transit.

### **RIDE DIVVY**

Participants living within a few miles of Maggie Daley Park are encouraged to use the Divvy bike share. Special valet service will be provided from 6:00 - 11:00 a.m. at the Divvy station in front of the Blue Cross Blue Shield Building at 300 E. Randolph St. Plan your Divvy trip at [divvybikes.com](http://divvybikes.com).

### **CTA**

Several Chicago Transit Authority rail and bus lines provide service to the downtown area. Research all bus and train schedules at [www.transitchicago.com](http://www.transitchicago.com).







## ROAD CLOSURES

Starting at 3 a.m. on race morning, expect road closures on Columbus Drive, Monroe Street and Intermediate Randolph Street.

## PARKING

### MILLENNIUM PARK GARAGE

If you choose to drive and park, we advise that you confirm the parking garage rates, times and location before race day-posted rates at all Millennium Garages will apply on race day. To reserve discounted, online parking, go [here](#).

The vehicle entrance for the Millennium Park Garage or Millennium Lakeside Garage is on S Columbus Drive, just south of Randolph St, accessible from the southbound lanes.

The Northbound entrance on Columbus, between Monroe and Randolph will be closed down due to the race.

## Gear Check

On race morning, participants may store their bags at a dedicated Gear Check facility at the southwest corner of the park. Gear should be dropped-off prior to entering the Start corrals.

In order to leave your personal items at Gear Check, participants must:

Step 1 - Remove all contents from your backpack or purse, place them inside the clear plastic bag provided at Packet Pick Up, and fold up your backpack to place it in the clear bag. Extra bags will be available on race morning.

Step 2 - Attach the Gear Check tab from your race bib to the bag for easy identification. You must display your race bib to drop off and pick up items from Gear Check. Baggage will not be accepted if your items are not properly stored inside the bag. All checked items must be visible.



Please note:

All items must be placed inside the **CLEAR PLASTIC BAGS** provided at Packet Pick Up. Baggage will not be accepted if your items are not properly stored inside the bag.

- Do not give your items to anyone other than the volunteers assigned to work at Gear Check. Life Time is not responsible for any lost or stolen items.
- All bags are subject to search and seizure by the Chicago Police, event security and race officials.
- Gear Check closes promptly at 12:00 p.m. If you do not claim your items in time, please contact Athlete Services by email: [chicagoregistration@lt.life](mailto:chicagoregistration@lt.life). All unclaimed items will be donated to a local charity 30 days after the event.



#### THANK A VOLUNTEER

This race wouldn't be possible without the support of over 1,000 volunteers and community groups providing race day support.

Please be sure to say, "thank you" or offer a high-five.

## GENERAL RACE INFORMATION

### START CORRALS

All Half Marathon participants will be assigned a corral prior to race day, indicated by a corral letter found on your bib (labeled "A" through "I"). Runners may move down (to a slower corral) if they so wish. All 10K participants will be assigned a corral prior to race day as well, labeled on the bib "J" through "L".

Changes to a higher (faster) corral are not permitted on race morning. However, upgrades will only be issued with proof of a qualifying time from an event within the last year. If you have questions about your corral, please see the Solutions Desk at Packet Pick Up.

Start Corral Schedule:

- 6:00 a.m. - Half Marathon Start corrals open
- 6:45 a.m. - Half Marathon Start corrals close (**Wave 1 - corrals A - F**)
- 7:05 a.m. - Half Marathon Start Corrals Close (**Wave 2 - corrals G - I**)
- 7:25 a.m. - 10K Corrals Open (**corrals J - L**)
- 7:40 a.m. - 10K Start corral closes



# **ATHLETICO**

**PHYSICAL THERAPY**

## **HELPING YOU CROSS THE FINISH LINE**

**Our physical therapists are experts in motion who can help you overcome pain and discomfort before and after you cross the finish line.**

**REQUEST YOUR FREE  
INJURY SCREEN ▶**

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**Official Provider of  
Physical Therapy**

 Byline Bank

**CHICAGO SPRING**  
HALF MARATHON/10K 

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***athletico.com***

**877-ATHLETICO (284-5384)**





### PACERS

The Byline Bank Pacer Team is made possible by dedicated volunteer runners from Chicago Endurance Sports. Thank you pacers!

### BYLINE BANK PACE TEAM

Life Time has partnered with Chicago Endurance Sports to help you reach your next half marathon personal record! Pacers will be available for the following goal finish times:

1:30   1:40   1:45   1:50   2:00   2:10   2:20   2:30   2:45   3:00 \*

Pacers will be wearing a specific orange “PACER” bib on their back and will be holding their respective pace time on a sign. Look for the Byline Bank Pace Team wearing orange shirts and holding their respective pace sign near the start corrals.

You do not need to sign up for a pace group in advance. Simply join the group on Race Day.

\*Goal pace does not supersede corral assignment. Participants must start in their assigned corral.

### COURSE DETAILS

Both the Byline Bank Chicago Spring Half Marathon and 10K courses begin on Columbus Drive, south of Monroe. The majority of the course is hosted along Chicago’s Lakefront Trail - extremely flat, fast and incredibly scenic. See the Course map on the following page.

### Course Safety

Participants should keep right while running on the course. Due to the popularity of the Lakefront Trail, the course will remain open to the public and participants should expect general public traffic during the race. For your safety and the safety of others, please be courteous and yield at all intersections.

This course is NOT open to dogs or strollers of any style. Anyone with special needs is encouraged to reach out to Athlete Services at [info@chicagohalfmarathon.com](mailto:info@chicagohalfmarathon.com) prior to race day to make proper arrangements based on your individual needs.

### Course Time Limit

While there is no maximum pace per mile required for this event, all participants must cross the Finish Line no later than 11:30 a.m.



### CARA CERTIFIED

The Byline Bank Chicago Spring Half Marathon & 10K is certified by the Chicago Area Runners Association (CARA) and has committed to following the CARA Best Practices Guidelines, a high set of standards for quality, safe and operationally sound races.



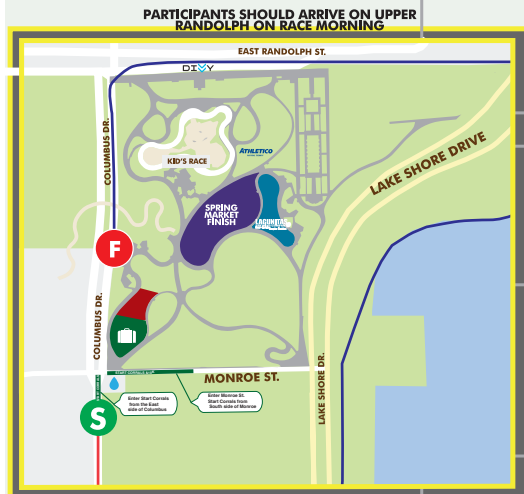
# CHICAGO SPRING

## HALF MARATHON/10K



7:00 AM Half Marathon Start  
7:45 AM 10K Start

- S** Race Start
- F** Race Finish
- Course Route
- Aid Station serving water and Gatorade Endurance Formula
- First Aid
- Restrooms
- Entertainment Zone
- Mile Markers
- 10k Mile Markers
- 10k Turnaround
- Gatorade Endurance Gels
- Divvy Bike Valet



**ENDURANCE****GATORADE ENDURANCE**

Endurance Formula has nearly two times the sodium and three times the potassium of traditional Gatorade. It also contains no artificial flavors and has a light taste.

Learn more about Gatorade Endurance Formula [here](#).

## Aid Stations

There will be a total of 10 aid stations throughout the course as well as the Start/Finish areas. Each station will include:

- Hydration: Water, Gatorade Endurance Formula
- Gatorade Endurance energy gels at Aid Station D/G (Half Marathon course only - Mile 4 and Mile 8.3)
- Portable Toilets
- Medical Team equipped with First Aid and AED at all locations

Gatorade Endurance is a proud partner of the Byline Bank Chicago Spring Half Marathon & 10K, helping fuel runners to the finish line. Grounded in years of hydration and sports nutrition research, Gatorade Endurance products are developed to meet the specific needs of endurance athletes.

## Mile Markers and Split Times

Each mile marker will have a large display clock that will indicate the running time of the event. These display clocks will show the elapsed time from the official start of the race, not your personal “chip time”.

## Restroom Facilities

Portable toilets will be available in select locations throughout the course. Toilets will also be located at each aid station. (See the Course Map)

## SAG Support and Back of the Pack Crew

The Back of the Pack Crew will signify the end of the field. They will not start timing until the last person crosses the start line and will be with you throughout the race. This crew will support runners in need of any assistance.

## Medical Support

Medical assistance will be available at each aid station along the route. In addition, a medical facility will be located near the Finish Line. Participants requiring greater medical assistance may be transported to one of the nearby hospitals, and will be billed by the hospital and ambulance provider. Choice of hospital is at the sole discretion of the on-site medical personnel.



**IMPORTANT!** Each participant must complete the medical information form on the back of their bib. Please take time to fill out your medical information and provide emergency contact information. This makes your information available to health care professionals in the event you are unable to communicate with them. Bibs must be worn and fully visible on the front of your body.

### Race Guards

Race Guards are back! Race Guards are a unique set of race volunteers whose sole purpose is to keep an eye out for participants who may need assistance along the course. They provide supplementary medical support to the existing medical plan for an added level of race participant safety by running along side the participants. They will patrol the course and help out where needed.

They will be easily identifiable with red Medical bibs located on their back. Safety is our top priority so be on the look out and say hello when you pass them!

### Event Alert System (EAS)

This race will employ the EAS system, encompassing a color-coded system to display current event conditions.

Participants will notice flags posted throughout the race venue, as well as at each mile marker and Aid Station on race day.

ALERT LEVEL	EVENT CONDITIONS	RECOMMENDED ACTIONS
<b>EXTREME</b>	EVENT CANCELED/EXTREME AND DANGEROUS CONDITIONS	PARTICIPATION STOPPED FOLLOW EVENT OFFICIAL INSTRUCTIONS
<b>HIGH</b>	POTENTIALLY DANGEROUS CONDITIONS	SLOW DOWN / OBSERVE COURSE CHANGES / FOLLOW EVENT OFFICIAL INSTRUCTION / CONSIDER STOPPING
<b>MODERATE</b>	LESS THAN IDEAL CONDITIONS	SLOW DOWN / BE PREPARED FOR WORSENING CONDITIONS
<b>LOW</b>	GOOD CONDITIONS	ENJOY THE EVENT BE ALERT

### Lost and Found

Life Time is not responsible for any lost or stolen items. We encourage everyone to turn in found items at the Information Tent, where owners can claim their lost items. Unclaimed items will be donated to charity 30 days after the event.





# CHICAGO SPRING

HALF MARATHON/10K



MEET US AT  
THE FINISH LINE  
MAY 20, 8AM - 11:30AM

OFFICIAL 2018 CHICAGO SPRING GEAR  
IS MAKING A SPLASH AT THE FINISH LINE



GET IT BEFORE  
IT'S GONE !!



## VOLUNTEERS

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Special thanks to all of the individuals and groups of volunteers who are joining us in supporting the thousands of athletes at the Byline Bank Chicago Spring Half Marathon & 10K! This event wouldn't be possible without the hard work and dedication of more than 1,000 volunteers. Be sure to take a minute and thank a volunteer!

Volunteering is a great way to get a close-up and behind the scenes view of the event, so encourage your friends and family to join the fun by signing up [here!](#)

## JUNIOR DASH

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Children 12 years of age and younger are invited to compete in the Junior Dash around "The Ribbon" at Maggie Daley Park. The race begins at 10:00 a.m. Please assemble by the Cafe/Concession Area located near "The Ribbon". The Junior Dash will consist of the following age group heats:

- 2-4 years – 50 yards
- 5-6 years – 1/4 mile
- 7-12 years – 1/2 mile

Each participant will receive a T-shirt and a Junior Dash medal to celebrate their achievement.

## ATHLETE TRACKING

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The Byline Bank Chicago Spring Half Marathon & 10K has partnered with Athlinks to add to your race experience and allow your friends and family to share in your race day.

Athlinks brings you enhanced real time athlete tracking using on-course timing data and predictive analysis.

### FOLLOW THE OFFICIAL EVENT FEED

1. Keep up to date with all the latest info on the official event feed
2. Select the Chicago Spring Half Marathon & 10K from the DISCOVER tab
3. Select FEED tab in the navigation bar
4. To receive push notifications, tap the FOLLOW button





### (Athlinks App Continued)

Track athletes on course with animated maps

1. Select the Chicago Half Marathon & 10K from the DISCOVER tab
2. Select TRACKING tab in the navigation bar
3. Search for athlete by name or bib number
4. Tap + button. Repeat steps 3-4 for more athletes if you wish
5. Tap VIEW ON MAP to see athlete's estimated position on course map

### SHARE YOUR FINISHER CERTIFICATE ON FACEBOOK

1. Select Chicago Spring Half Marathon & 10K from the DISCOVER tab
2. Select RESULTS tab in the navigation bar
3. Search for result by name or bib number. Select a result.
4. Tap SHARE to share to Facebook!



### FREE PHOTOS

SMILE for the cameras! Free race photos will be available for download courtesy of Athlinks!

Photos will appear alongside your race results within 24-48 hours as they process.

\*Your race bib must be worn on the front and visible in order for your photos to tag.

## TIMING / AWARDS

### Race Results

Live race results will be available at the Athlinks Results Tent on race morning and within the Athlinks App. Results will be updated regularly online throughout the day as results are certified.

### Age Group Awards

Awards will be distributed on stage to the top three overall male and female finishers, within both Half Marathon and 10K distances. Age group awards will be provided from the Results Tent to the top three men and women in the following age groups:

#### 10K and Half Marathon Age groups (5 Year Age groups)

- Ages 19 & under
- Ages 20-24
- Ages 25-29
- Ages 30-34
- Ages 35-39
- Ages 40-44
- Ages 45-49
- Ages 50-54
- Ages 55-59
- Ages 60-64
- Ages 65-69
- Ages 70-74
- Ages 75 & Up



## CHICAGOLAND RUN CLUB CHALLENGE AWARDS

The Run Club Challenge, where groups compete for local bragging rights and top prizes, is a complimentary program open to non-elite, half marathon distance participants. For more information or to enroll, click [here](#)!

Top three performing teams with the highest combined scores will receive awards:

- 1st Place: \$1,000 • 2nd Place: \$500 • 3rd Place: \$250

### Awards Schedule

8:30 a.m. 10K Awards

9:30 a.m. 13.1 Awards

Note: Overall awards will be based on clock time and presented as such. All age group awards are based on chip time (NOT clock time) and will distributed at the Results Tent once the timer has confirmed official results. Competitors in the Overall category (not age-group) should be in Corral A (half marathon) or J (10K). Please see the Solutions Deks at Packet Pick Up for any adjustments.

### Clock Time vs. Chip Time

Clock time commences when the race begins and ends when you cross the Finish Line timing mat. Overall male and female winners of the 13.1 distance are determined by the fastest clock time.

Your Chip time begins when you cross the Start Line timing mat and ends when you cross the Finish Line timing mat. Age group awards are determined by the fastest chip time in each division.

### Race Photos

Athlinks will photograph you multiple times throughout the course as well as before and after the race. Be sure to smile when you see the photographers and make sure your bib number is clearly visible so they will be able to identify you. Photos can be downloaded post-race via the race website. Allow 2-5 days for processing and upload time.





## **SPRING MARKET FINISH FESTIVAL**

After you cross the Finish Line, invite your friends and family to celebrate your accomplishment at our newly minted Spring Market Finish Festival located within Maggie Daley Park up the hill from the Finish Line and open to the general public. It includes:

### **Hot Breakfast Buffet**

Hands down, this is the city's BEST post-race amenity. All registered race participants will receive a hot, complimentary breakfast buffet by Jewell Events Catering where you will be able to enjoy delicious southwest egg strattas, seasoned potatoes, bacon, sausage, and more!

### **Concessions**

Jewel Events Catering will be selling coffee, drinks, and light breakfast from the Start to Finish! Look out for the Jewel Events Catering Tent!

### **Lagunitas Beer Garden**

Participants 21 years and older can enjoy a complimentary and refreshing Lagunitas beer at the Lagunitas Brewing Co. Beer Garden. Additional beers will be available by making a donation to the TEAM TO END AIDS.

### **Do It Yourself Flower Station**

Sponsored by the Chicago Half Marathon, participants and spectators alike can build their own little tribute to Spring. At this complimentary station, visitors will be given a flower pot, then they can select from a variety of blooming plugs, add soil and water, then walk away with their own living garden. No green thumb necessary!

### **Sponsor and Partner Village**

Sponsors and race partners will be located within the park providing a variety of giveaways and offering hands-on activities throughout the day.





## FAQ's

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Q: Is registration still available for the race?

A: Registration is no longer available for the half marathon or 10K. However, Junior Dash (Youth 2-12) registration is available online, at Packet Pick Up and on race day.

Q: Can I exchange my T-shirt if it does not fit properly?

A: In order to ensure that all athletes receive the size that they ordered exchanges will not be made at Packet Pick Up. On race day, we will host a shirt exchange at the Results Tent after the race and exchange while sizes remain. Race staff cannot guarantee availability of all sizes other than those ordered at the time of registration.

Q: Can I defer until next year?

A: Deferrals allow a participant unable to attend this year's event to transfer their registration to the following year. The deferral is applied only to the event in question, in this case the 2018 Chicago Spring Half Marathon & 10K. Should you need to defer, please visit our Deferrals page for more instruction.

Q: Can I switch from the Half Marathon to the 10K?

A: All changes will be completed in person, pending availability, at the Solutions desk during Packet Pick-Up hours only.

Q: I have a friend who cannot participate in the event, can I take his/her place?

A: No. Each participant must have his/her own registration. In the event of an emergency, race officials must have emergency contact information on hand, therefore you are NOT allowed to participate using another person's registration. There are NO exceptions. You may follow the Bib Transfer policy found on our website under Changes/Deferral. Failure to follow this policy will result in disqualification and from this and future Life Time events.

Q: Will there be on-site parking?

A: There will not be any parking provided on site at either Packet Pick Up or the race venue. We recommend riding public transit or Divvy.

Q: Can a friend pick up my packet?

A: Yes, they will need to provide us with a copy of your photo ID (a mobile copy will suffice) and confirmation email. No exceptions.

Q: I did not receive a bib number. What do I do?

A: Don't worry! Bib numbers will be given out at Packet Pick up. Remember to bring a valid I.D. to receive your goodie bag.



## CHICAGOLAND HALF MARATHON SERIES

The Byline Bank Chicago Spring Half Marathon is the first in the 2018 Chicagoland Half Marathon Series - also consisting of the Chicago Half Marathon (September 23). Participants who complete both half marathon distances will earn a custom, 26.2 Challenge finisher medal and Chicagoland Series bib at the Chicago Half Marathon event in the Fall.

Currently, more than 1,800 individuals are enrolled in the Chicagoland Half Marathon Series Challenge. Series awards will also be provided to the fastest (cumulative) runners across both events. Visit the Chicago Half Marathon tent in the Spring Market Finish Festival area to learn more!

## NEW\* 2018 USA Track & Field - Illinois 10K Championship

The 2018 Byline Bank Chicago Spring Half Marathon & 10K is excited to be hosting this years' USA Track & Field (USATF) - Illinois 10K Championship. Alongside USATF - Illinois, Life Time is proud to be a driving force in supporting local developing athletes this year and for years to come.

In addition to age group and masters awards, the USATF 10K Championship race will offer additional USATF awards to the top three males and females in the 10K race. Participants of the USATF 10K Championship race are eligible to win the prize purse for the 10K race, which is:

1st Place - \$500      2nd Place - \$250      3rd Place - \$250

***The 10K Championship race is OPEN TO ALL registered participants who are current USATF members prior to race day.*** Be sure and submit your membership number to Athlete services via email at: [chicagoregistration@lt.life](mailto:chicagoregistration@lt.life).

For membership information visit [USATF.org](http://USATF.org)

Non USATF members will not be eligible to receive 10K Championship awards

Join us on September 23rd where we'll host the USATF Illinois Half Marathon Championship.



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## **New\* 2018 Elite Athlete Program:**

The Byline Bank Chicago Spring Half Marathon & 10K is committed to the development of elite runners with a focus on local elite athletes within Illinois and the Midwest.

Athletes who have qualified for the Elite Program will be placed in the Elite Corral at the very front of the race and will also be eligible to receive complimentary entry or registration discounts as well as a chance to compete for the \$6,000 prize purse split between the 10K and Half Marathon races.

The qualifying standard to enter the men's field is 1:20:00 and for the women's field is 1:35:00, or an equivalent time from a similar event distance may be submitted and approved on a case-by-case basis. If you are already registered, have a qualifying time and are not in the Elite Program but would like to switch into it, email [chicagoregistration@lt.life](mailto:chicagoregistration@lt.life).

For additional rules and information on the Elite Program, visit: [www.chicagospringhalf.com/elite](http://www.chicagospringhalf.com/elite).

Here is a summary of the prize purse available for this year's 10K and Half Marathon races:

### **10K:**

1st place: \$500  
2nd place: \$250  
3rd place: \$250

### **Half Marathon:**

1st place: \$1,000  
2nd place: \$500  
3rd place: \$500

In addition to the Byline Bank Chicago Spring Half Marathon; we're excited to introduce the Elite Program to the 2018 Chicago Half Marathon on September 23rd. If interested, email [info@chicagohalfmarathon.com](mailto:info@chicagohalfmarathon.com) for more information.



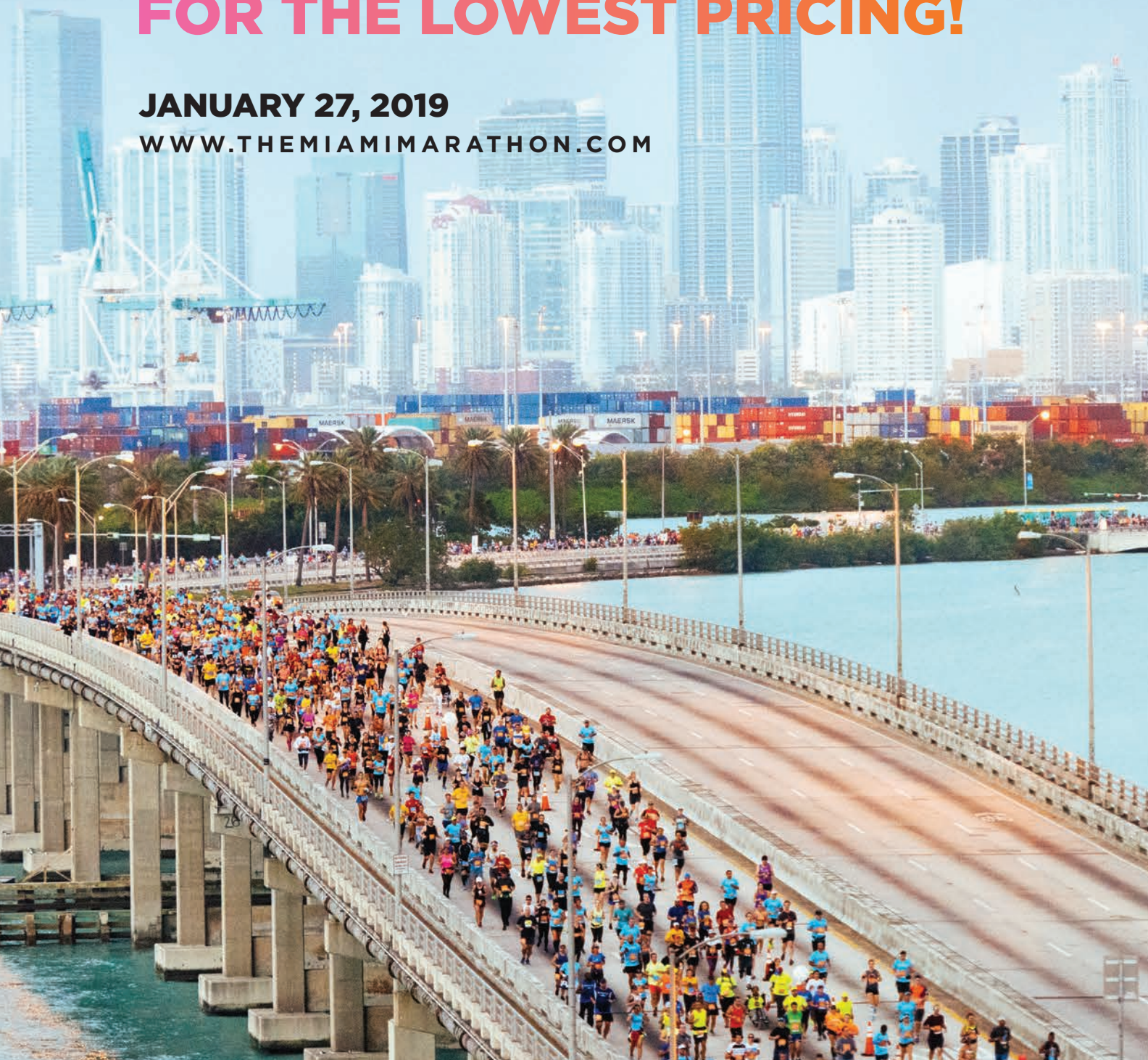


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AND HALF MARATHON<sup>SM</sup>

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# CHICAGO<sup>SM</sup>

## TRIATHLON



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Sprint	.47 miles	15 miles	3.1 miles
International	.93 miles	24.8 miles	6.2 miles





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# CHICAGO

## HALF MARATHON/5K<sup>SM</sup>

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SEP. 23, 2018



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